

Adult Developmental Day Treatment



Adult Developmental Day Treatment (ADDT) offers assessments, as well as habilitative, supervised living, prevocational, therapeutic, and educational services provided by a licensed adult day treatment clinic.

In order to receive ADDT services, a client must:

- get Medicaid
- have a developmental disability diagnosis that originated before the age of 22
- be either 21 and older or between 18-21 years of age with a diploma or certificate of completion
- have proven medical necessity for ADDT services, meaning that a physician must identify the individual's medical needs or a medical or developmental diagnosis
- have a written prescription from a physician
- be provided as written in an individual program plan (IPP)

Each client who enters the ADDT Program will have a written individual program plan (IPP) developed from evaluations to improve or maintain the client's condition. Services provided must be based on the goals and objectives of the client's IPP.

- Adult habilitative services are instruction in areas of cognition, communication, social/emotional, motor, and adaptive, including self-care; or to reinforce skills learned and practiced in occupational, physical or speech therapy.
- Prevocational services prepare a client for employment. This includes goals such as compliance, task completion, problem solving, and safety.
- Nursing services are available for clients who are medically fragile, have complex health needs, or both, if prescribed by the client's physician.
- Optional services available through ADDT include occupational, physical and speech therapy and evaluation as a component of the individual program plan (IPP). Therapy services are not included in the core services and are provided in addition to the core services. The ADDT client's primary care physician (PCP) or attending physician must refer a client for assessment for occupational, physical or speech therapy services.

Lunches are provided to any client who attends at least four hours in a day and who is unable to provide his or her own lunch.

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